

Published based on [How to Make a Chaunce \(Cooking Your Ayurvedic Spices\) by Elaine Dodson](#)

# **How to Make a Chaunce (Cooking Your Ayurvedic Spices) by Elaine Dodson**

<http://www.AyurvedicCookingClasses.com> - This video features Elaine Dodson, Ayurvedic Vegetarian Chef teaching how to make a chaunce (cooking your Ayurvedic Spices). Visit her website for the recipe.

[jwplayer file="http://www.youtube.com/watch?v=KKcSwPlxL9I"]

You can also find this article published on [How to Make a Chaunce \(Cooking Your Ayurvedic Spices\) by Elaine Dodson](#), and on the tag pages [Ayurvedic Vegetarian Chef](#), [Elaine Dodson](#).